

YEAR 9 PSHE LEARNING JOURNEY



"...acquiring knowledge and skills to achieve the best possible personal and academic standards...being able to make informed decisions that keep me healthy and safe... becoming a compassionate independent citizen who can make positive contributions to society and thrive in the modern world..."

Me and the world around me

Skills for decision making

Conflict and conflict resolution strategies

Managing relationship and family changes

Summer term 2

Respectful relationships

Positive relationships in the home

Summer term 1

Skills for decision making

Reducing homelessness amongst young people

Future me: Paving my way

Managing influences on body image

Getting ready for KS4

Setting meaningful, realistic goals

Becoming informed: Options presentations

Spring term 2



Exploring careers

Eating disorders

SPOTLIGHT ON... HUMAN SERVICES AND ADMINISTRATION

Drugs and alcohol misuse

Letter to local council

Gang exploitation; county lines and grooming

Keeping safe online, sexting/nude image sharing

Types of relationships, media portrayal, healthy vs unhealthy behaviour, ending relationships

Making informed healthy eating choices

Me, my body and my health

Spring term 1

Who influences me?

PPE Handbooks: effective revision techniques

Balancing work, leisure, exercise and sleep

Relationship between physical and mental health

Using Unifrog to help set goals

SPOTLIGHT ON... HUMAN SERVICES AND ADMINISTRATION

PPE 1 signpost icon.

Employability skills

Wellbeing Survey

Autumn term 2

Assessment of progress

Utilising Unifrog

Goal setting and planning for the future

PPE Handbooks: effective revision techniques

Choosing GCSEs and developing awareness of post 16 options: FT education, Apprenticeships, Employment and Training

Autumn term 1

Health & wellbeing
Living in the wider world
Relationships

SPOTLIGHT ON... MANUFACTURING AND ENGINEERING

SPOTLIGHT ON... LAW AND PUBLIC SAFETY