

Managing risk taking behaviour

Ethical and unethical business practices

# YEAR 7 PSHRE LEARNING JOURNEY



"...acquiring knowledge and skills to achieve the best possible personal and academic standards...being able to make informed decisions that keep me healthy and safe... becoming a compassionate independent citizen who can make positive contributions to society and thrive in the modern world..."

## Me and my money

Saving, spending, borrowing, budgeting

Making safe financial choices



Summer term 2

## Me and the world around me

FGM

Recognising and responding to inappropriate and unwanted contact

Summer term 1



Making healthy choices, including diet, dental health, physical activity and sleep

Me, my body and my health  
Managing influences relating to caffeine, smoking and alcohol

Puberty: physical and emotional changes

Personal hygiene



Spring term 2

Responding to bullying of any kind, including cyberbullying

Signs and effects of bullying: bullying v banter

PPE Handbooks: effective revision techniques



Year 7 SPG Reading Challenge and library induction

Raising aspirations, developing growth mindset, applying VESPA principles; considering future career aspirations

## We are all unique... Embracing diversity

Challenging prejudice, stereotype and discrimination

Living in a diverse society

Spring term 1

## Future me... developing study skills to be successful

Visit to Selly Park Convent  
Becoming part of the SPG community

Letter to Primary Headteacher

Autumn term 2

## I am a St. Paul's Girl...

Transition to secondary school; Managing challenges, setting goals and meeting SPG expectations

SPG Passport Challenge  
Broadening horizons and being aspirational, being open to opportunities and experiences

School charity nominator sponsored walk  
Making a positive contribution school and wider community

Meeting SPG sister



Health & wellbeing  
Living in the wider world  
Relationships

SPOTLIGHT ON...

Showcase



Showcase