



PSHRE POLICY

Our mission statement acknowledges that pupils at St Paul's should have the opportunity to grow in "personal and academic excellence." PSHRE at St Paul's animates this part of our mission for through PSHRE pupils are educated in the knowledge, understanding and skills that will promote the development of the whole person.

What is PSHRE?

The National Curriculum QCA states that: "Personal, social and health education (PSHRE) is a planned programme of teaching and learning that promotes pupil's personal and social development and their health and well-being. It helps to give children and young people the knowledge, skills and understanding they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up."

PSHRE reflects the five outcomes of the Every Child Matters Agenda.

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well-being

Additionally, the PSHRE programme at St Paul's has the following emphases:-

- *Each person is an individual* – developing self-awareness, confidence and self-esteem, transferable skills and experiences that prepares for the wider world
- *Pupils should be encouraged to interact with their peers* – building communication and social skills through working effectively with others and understanding the needs of others
- *Opportunities should be provided for staff to interact with their pupils* – strengthening the staff-student relationship thus enabling staff to identify individual strengths and respond to needs more effectively
- *Opportunities should be provided for individual pupils to excel in their learning* – raising awareness of good study and revision habits which support successful learning and achievement
- *Opportunities should be provided for active citizenship and the celebration of diversity* – making pupils aware of their responsibilities to and for their school, local, national and global community and in appreciating the unique contribution of all people in enriching our experiences
- *Catholic perspectives and values* - pupils should be made aware of Christian perspectives on issues within the PSHRE curriculum, particularly relating to



RSE, and the values that underpin them, along with the viewpoints of other faiths.

1. Aims of the policy:

To make clear the role of PSHRE in providing planned learning experiences to promote the personal, social and health education of students and its importance in ensuring that students fulfill their individual potential.

2. Objectives of the Policy:

Students will develop values, attitudes, knowledge, skills, and understanding in order to meet the Government's aim for every child, regardless of background or circumstance to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well-being

3. Key personnel:

- PSHRE Coordinator- Tara O'Brien (SLT)
- Each HOY in conjunction with their tutor team is responsible for updating, revising and refining PSHRE Schemes of Work.
- HOY annually review the PSHRE programme with pupils and tutors and as a pastoral team work together in a joint planning day to implement improvements and changes to the PSHRE SoW
- Each Form Tutor is responsible, under HOY guidance for the delivery of PSHRE lessons

4. Delivery of PSHRE:

PSHRE is delivered through discrete lessons usually taught by the Form Tutor and often enhanced by whole year group activities and external speakers.

- A balanced range of teaching strategies is provided including whole class teaching; individual, pair and group research and presentations, the use of interactive ICT resources particularly for Careers research and individual reflection and target setting on progress
- Activities which emphasise active learning and participation, where students are encouraged to assess evidence, negotiate, make decisions, solve problems, work independently and in groups and to learn from each other are encouraged.
- The PSHRE Scheme of Work is based upon the National Curriculum non-statutory guidelines and also incorporates Citizenship, RSE (which follows Diocesan guidance), SEAL activities, Careers and Drugs Education.



- Learning and Teaching approaches including: Circle Time, problem solving, research, discussions, drama/role play, debates, participation in games and scenarios, case studies, group presentations and ICT research
- PSHRE at St Paul's covers some of the following themes:
 - Personal strengths and talents
 - The school mission, school code and school expectations
 - Effective use of Homelearning Planner and personal organisation
 - Preparation for reviews and goal setting for progress
 - Puberty and hygiene
 - Study, revision skills and time management
 - Healthy lifestyles
 - Emotional health and well being
 - Emotional intelligence
 - Personal safety
 - Drugs, alcohol and substance abuse
 - Anti bullying
 - Moral reasoning and moral courage in responding to peer pressure
 - Relationships and Sex Education
 - Economic well-being
 - Careers and enterprise
 - Citizenship

5. Monitoring and Evaluation

Pupil contribution and achievement in PSHRE is recorded by the Form Tutor in the Annual Report.

SLT/HOY regularly monitor pupil work in PSHRE during Monday classrooms visits and observation of delivery of lessons. Work books and PSHRE folders are passed to the new Form Tutor so that they have an awareness of pupil achievement and progress in PSHRE.

The PSHRE policy is reviewed as part of the school policy review cycle and in the light of national and local changes. KS3 and KS4 Departmental Reviews incorporate a review of PSHRE.